



### COLLECTION KIT DIRECTIONS

#### Completion Of Authorization From:

Print and complete all information on Lab Authorization Form. Return white copy with your sample. Keep the yellow copy of the form for your records and give pink copy to the patient.

#### Fingerstick Procedures:



- Identify the desired puncture site (shaded area).
- Disinfect finger with the alcohol pad and wipe with gauze or let the finger dry.



- Twist off tab to break the seal and discard.



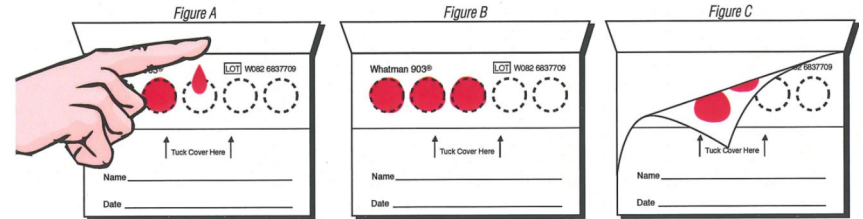
- Position lancet firmly against puncture site as illustrated. Hold safety lancet between fingers.



- To activate, press lancet firmly against the puncture site. Do not remove the device from the site until an audible click is heard.
- Use gauze to wipe away first drop.

#### Collection Of Blood Sample:

- After you have done the fingerstick procedure allow a full hanging drop to form. Gently touch the blood drop inside the first printed circle on the blood collection card (Figure A). Do not allow skin to touch the collection card. It is acceptable for blood to extend beyond the circle. Never layer one drop of blood on top of another drop of blood.
- Completely fill the remaining circles with blood (Figure B). **All five circles must be completely filled.** Inspect the backside of the collection card to make sure that the blood has soaked through to the diameter of the printed circles on the front (Figure C). If 3 circles are not completely filled and properly filtered through to the back of the card, the blood sample may not be sufficient for the laboratory to obtain test results. Add drops if necessary. Drops may overlap, but may not be layered directly on top of one another.
- Air dry the completed Blood Collection Card for a minimum of 10 minutes.



#### Blood Collection Card:

- Print the lab requisition number, patient name and date on the Blood Collection Card in the space indicated.
- The Laboratory Authorization Form and Blood Collection Card **MUST** remain together for proper identification of the participant's sample.

#### Shipping Instructions:

- Place the air dried Blood Collection Card and the Laboratory Authorization Form in the envelope provided.
- The self addressed envelope containing the Laboratory Authorization Form and Blood Collection Card **must be mailed within 7 days from sample collection date.** Blood Collection Cards mailed beyond this time may prevent the laboratory from obtaining test results.

#### Test Results:

- Expect to receive your test results within one week from the date your test was received by the Laboratory.
- The report will clearly indicate if the test is normal or if follow up with a health care provider is needed.
- Call DBS Diagnostics 1-855-329-5487 with questions about test status.