



Slim

Along with diet and exercise, AmeriSciences Slim can help you maintain a healthy weight by regulating your body's own cellular metabolism and curving your appetite.*



The safe thermogenic alternative*

Benefits

- Helps regulate body weight in combination with a healthy lifestyle*
- Promotes a mild increase in thermogenesis (caloric expenditure)*
- May help control appetite and food cravings*

Product Features

A unique combination of catechin polyphenols, hydroxycitric acid and other key ingredients that offer antioxidant support while helping your body process calories at a faster rate.*

Key Ingredients

- **Green Tea** has been associated with a mild increase in thermogenesis by a number of scientific studies, thanks in part to its high content of the catechin EGCG.*
- **Hydroxycitric Acid** is a phytochemical derived from the Garcinia fruit, which studies have shown can inhibit an enzyme needed for the conversion of carbohydrates into fat.*

Contraindications & Precautions

Keep out of the reach of children. If pregnant, nursing or taking a prescription drug, consult a health care practitioner prior to use. Persons with known sensitivity to caffeine should avoid the use of this product. Individuals with a medical condition should consult their physician.

Directions For Use

Adults take one (1) tablet thirty (30) minutes before each meal, or as recommended by a physician.

References

Dulloo AG, Duret C, Rohrer D, Girardier L, Mensi N, Fathi M, Chantre P, Vandermander J. "Efficacy of a green tea extract rich in catechin polyphenols and caffeine in increasing 24-h energy expenditure and fat oxidation in humans." *Am J Clin Nutr*, 1999 Dec;70(6):1040-5.

Dulloo AG, Seydoux J, Girardier L, Chantre P, Vandermander J. "Green tea and thermogenesis: interactions between catechin-polyphenols, caffeine and sympathetic activity." *Int J Obes Relat Metab Disord*, 2000 Feb;24(2):252-8.

Yang TT, Koo MW. "Chinese green tea lowers cholesterol level through an increase in fecal lipid excretion." *Life Sci*, 2000;66(5): 411-23.

Thom E. "Hydroxycitrate (HCA) in the treatment of obesity." *Int J Obesity*, 1996; 20:75.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**