



Prenatal

Simply put, AmeriSciences Prenatal is the best prenatal supplement in the market today. Its unique combination provides the micronutrients the mother needs while supporting fetal development.*



*Prevent deficiencies and nurture your baby's growth**

Benefits

- Healthy diets that include an adequate folic acid intake may reduce a woman's risk of having a child with spinal bifida or anencephaly, birth defects of the brain or spinal cord.
- Promotes fetal cognitive development*
- Helps reduce the occurrence of mild nausea and vomiting commonly associated with pregnancy*

Product Features

A patented iron source that has been shown to be safer and more bioavailable than conventional iron salts, such as ferrous sulfate. It also features a high concentration of choline, a necessary nutrient, not usually found in prenatal products.*

Key Ingredients

- **Choline Bitartrate** is necessary for fetal brain development, yet most Americans do not get enough from their diet alone and most prenatal products only contain a small amount.*
- **Ginger and Vitamin B6** may help reduce the incidence of mild nausea normally associated with pregnancy.*
- **Iron, Calcium and Folic Acid** are considered the "Big 3" — critical nutrients vital during pregnancy, but tests reveal that most prenatal products fail to meet the pharmaceutical dissolution standard.*

Contraindications

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Directions For Use

As a dietary supplement, take two (2) tablets daily, preferably in the morning or as recommended by a physician. Begin taking the product before conception and continue throughout the lactation period.

References

- Aikins Murphy P. "Alternative therapies for nausea and vomiting of pregnancy." *Obstet Gynecol*, 1998;91(1):149-155.
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- Vutyavanich T, Wongtra-ngan S, Ruangsri R. "Pyridoxine for nausea and vomiting of pregnancy: a randomized, double-blind, placebo-controlled trial." *Am J Obstet Gynecol*, 1995;173(3 Pt 1):881-884.
- Hoag SW, Ramachandrani H, Shangraw RF. "Failure of prescription prenatal vitamin products to meet USP standards for folic acid dissolution." *J Am Pharm Assoc*, 1997 Jul-Aug; NS37(4):396.
- Merialdi M, Caulfield LE, Zavaleta N, Figueroa A, DiPietro JA. "Adding zinc to prenatal iron and folate tablets improves fetal neurobehavioral development." *Am J Obstet Gynecol*, 1999 Feb;180(2 Pt 1):483-90.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**