



# Omega Max

Several medical and scientific entities such as the American Heart Association have recognized the benefits associated with Omega-3 fatty acids from fish and recommend daily consumption of both EPA and DHA – the active ingredients found in Omega Max.\*



*Make it a part of your life\**

## Benefits

- Maintains healthy triglyceride levels that are already in the normal range and helps promote healthy neurological and cardiovascular systems\*
- Promotes healthy eyesight\*
- Helps fetal brain and nervous development during pregnancy\*
- Supports the immune system\*

## Product Features

Molecularly-distilled, highly-potent fish oil derived only from the bodies of small fish. Unlike most fish oil softgels available in the U.S. market, Omega Max is fully compliant with European Pharmacopeia standards– the only true “pharmaceutical standard” for fish oil.

## Key Ingredients

- **Eicosapentaenoic Acid (EPA)** supports the immune system and is a precursor to several beneficial prostaglandins.\*
- **Docosahexaenoic Acid (DHA)** is a vital component of cell membranes in the brain and eye. It is also necessary for optimal fetal development and is the most abundant form of omega-3 found in breast milk.\*

## Contraindications & Precautions

Keep out of the reach of children. Consult your physician before taking this product if you take blood thinning medications, or if you anticipate surgery.

## Directions For Use

Take two (2) to three (3) softgels daily, preferably with meals, or as recommended by a physician.

## References

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Kyle DJ, Schaefer E, Patton G, Beiser A. “Low serum docosahexaenoic acid is a significant risk factor for Alzheimer’s dementia.” *Lipids*, 1999; 34:S245.

Raper NR, Cronin FJ, Exler J. “Fatty acid content in the US food supply.” *J Am Coll Nutr*, 1992;11:304-8.

**\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**